



4-H FOCUS



JUNE 2008

Contrary to popular belief and a tabloidian obsessed media, despite problems often seen during adolescence—drug and alcohol use and abuse, school failure and dropping out, crime and delinquency, depression and self-destructive behaviors—most young people do not have a stormy adolescence.

The 4-H Study of Positive Youth Development (PYD) being conducted at the Institute for Applied Research in Youth Development at Tufts University constitutes a first, major step toward filling the research gap concerning PYD. This study conducted by a team of PhD's and graduate students constitutes a milestone in developmental research. It is shown, for the first time, that Positive Youth Development exists, and that youth development programs can play a major role in promoting it.

To many of you this may not seem extraordinary. However, for those of us in the youth development profession who have struggled many years seeking funding resources within an environment that asks first “what is wrong with youth and how bad is it”, this is indeed welcome news. This 4-H Study is a landmark investigation and truly of historic importance. The study will be able to provide compelling evidence about the special and vital role that 4-H may play in the lives of America's young people.

The most powerful approach to answer the question of whether involvement in specific out-of-school activities predicts positive growth and decreased risk during adolescence is through a longitudinal study—research that follows young people over a significant period of time and records important changes. The study began with 1719 fifth-graders and 1137 of their parents from 13 states and 61 schools (rural, suburban, and urban areas in different parts of the country) and represented a variety of racial, ethnic, and religious backgrounds. By year four, data had been collected from a total of 4404 adolescents from 34 states. To those of you who participate representing Washington State you have my deepest appreciation.

In up coming newsletters I will be sharing the data analysis and how it can apply within the 4-H club setting. However, if you would like to ready it for yourself, go can find it at the national 4-H Brand Network website or pick up “The Good Teen: Rescuing Adolescents from the Myths of the Storm and Stress Years”. *Lerner, R.M. (2007). New York, NY: The Crown Publishing Group.*



CALENDAR OF EVENTS

- June 9 4-H Council Meeting, 7:00 p.m., Highlands Middle School Library, 425 S. Tweedt Street, Kennewick, WA
- June 11-15 4-H Camp Wooten
- June 13, 20 PQA+ testing will be done at the Kennewick Extension office from 1-3 p.m. Pre-registration is required.
- June 14 Just Horsing Around Merit Show BCJFRA in Benton City. Contact Debi Benitz, 588-8080.
- June 14 2008 June Jamboree, Benton City Park
- June 21 Columbia Basin Junior Livestock Tag and Weigh Day for hogs and lambs, 9 a.m. to Noon
- June 26-28 Livestock Judges School—WSU, Pullman
- June 28 All clubs 4-H Picnic at Columbia Point Marina Park
- June 27-29 Backcountry Llama Rendezvous and Drive-In at Emigrant Springs Oregon, June 27-29.
- June 29-July 1 Teen Conference, Pullman Campus; <http://4h.wsu.edu/conferences/teenconf/index.htm>
- July 12 Youth PQA Plus training, 10 a.m. to noon at the Benton Franklin Fairgrounds 4-H Building
Pre-registration is required.
- July 14 4-H Council Meeting, 7:00 p.m., Mid Columbia Library, 1620 S Union Street, Kennewick
- July 15 Entry deadline for Benton Franklin Fair livestock entries
- July 15 4-H Horse Leader and Parent Meeting, 7 p.m. at the Kennewick Extension office
- July 17-19 Northwest Junior Sheep Exposition, Grant County Fairgrounds, Moses Lake
- July 18-20 Shearing dates for the Benton Franklin Fair and Columbia Basin Junior Livestock Show. If you have not been scheduled yet, call Sharyl Martin 509-308-8019.
- July 25 PQA+ testing will be done at the Kennewick Extension office from 1-3 p.m. Pre-registration is required.
- August 1 All non-livestock Fair entries due
- August 11 4-H Council Meeting, 7:00 p.m., Mid Columbia Library, 1620 S Union Street, Kennewick
- August 19-23 Benton Franklin Fair & Rodeo "Ewe Ain't Seen Nothin' Yet"
- Sept 8 4-H Council Meeting, 7:00 p.m., Highlands Middle School Library, 425 S. Tweedt Street, Kennewick, WA
- Sept 11-13 Columbia Basin Jr. Livestock Show, Connell, WA
- Sept 5-21 State 4-H Fair, Puyallup, WA
- Sept 29 State Forum Registration Due
- Sept 30 4-H Year Ends
- Oct 1 New 4-H Year Begins; Re-enrollments start
- Oct 6-12 National 4-H Week
- Oct 13 4-H Council Meeting, 7:00 p.m., Highlands Middle School Library, 425 S. Tweedt Street, Kennewick, WA
- Oct 17-20 4-H Forum, Everett, WA
- Oct 24-26 2008 SE District Teen Rally, Fields Spring State Park, Anatone, WA
- Nov 10 Medal of Honor Ceremony, 7:00 p.m., Grange Hall in Pasco

2008 LEADER OF THE YEAR CALL FOR NOMINATIONS

4-H Members, here's how you can show your appreciation to that special leader who has done so much for you and your club. Give that special person recognition by sending me a brief paragraph or two on all the things this leader has done or will be doing. It will only take 10 minutes of your time and a stamp to send it (1016 N. 4th Ave, Pasco, 99301), fax it to 545-2130 or email it to ycontini@co.franklin.wa.us

Benton Franklin 4-H Council Brief
May 11, 2008

Agents report:

- Summer Teen Conference June 29th- July 1st, good opportunity to see WSU campus living, more information will be in the focus. June 16th registration is due!
- Columbia Junior Livestock Show tag day is June 21st.
- Sewing camp 1st session will be on July 14th, 16th, 18th, 21st, 23rd, 25th, and the second session will be on July 15th, 17th, 22nd, 24th, 29th, 31st, at the Pasco extension office. Call 545-3511
- Benton and Franklin county leader of year applications are due July 30th.

Announcements:

- Rada Rabbits had a very successful 15th seminar!
- State Horse Bowl Team received 3rd place!

New business:

- Cookbooks will be here in the middle of July.

BENTON FRANKLIN ALL CLUB PICNIC JUNE 28th

ALL ARE INVITED to the first annual all club picnic on June 28th, 10 a.m.-2:30 p.m. at Columbia Point Marina Park. Some of the events being planned are: Master Gardener presentation, a local veterinarian to discuss animal issues, Fair Royalty visit and presentation, and enjoying the fellowship of other 4-H clubs! There will be games, food, and lots of FUN! Call Hope Harkins at 627-1293 if your club will be attending.



TEEN CONFERENCE 2008

The 4-H Summer Teen Conference engages youth in reaching their fullest leadership potential. The 4-H State Leadership Conference brings together youth from across Washington in a leadership training, networking, and learning experience.

Three top reasons why YOU should attend this summer:

Meet new teens - youth participants from across the State- from all 39 counties

Enjoy nearly 50 fun, action-filled activities - educational workshops, national speakers, college/career information and recreation.

Experience living, learning and playing at Washington State University.

To register, go to <http://4-h.wsu.edu/conferences/teenconf/index.htm>

Rise to the Challenge!

June 29 - July 1, 2008
WSU - Pullman Campus

BENTON CITY JUNE JAMBOREE

Enjoy a family friendly event on Saturday, June 14th, at the Benton City park from 2-10 p.m. The Benton City Clovers 4-H group will have a crafts & concession stand available at this event. Call Mary Ravage for more information at 947-4550.

WSU County Extension Office Phone Numbers:

Pasco - (509) 545-3511-----Kennewick - (509) 735-3551-----Prosser - (509) 786-5609

E-mail address for Lauri Sherfey: sherfey@wsu.edu or County e-mail: franklinco@wsu.edu

Persons with a disability requiring special accommodations while participating in these programs may call the Extension office to make that request. Without a request in advance, we cannot guarantee the accommodations of that site.

WSU Extension programs and employment are available to all without discrimination.

CLUBS & PROJECTS

YOUTH SEWING CAMP-July 14,16,18,21,23, & 25 or July 15,17,22,24,29 & 31

WSU volunteers are teaching a 4-H Sewing Camp in July for non-sewers/beginner sewers, ages 9-18. Students will have lots of fun while learning basic sewing skills. Projects include a pillowcase, a pillow, and either a pair of shorts or pants. Sewing machines and kits will be provided. Students will need to provide fabric for the projects and a brown bag lunch with a drink. A \$10 class registration fee will be charged.

Location: Public Works Maintenance Shop, 3414 Stearman Ave., Pasco, WA 99301.

Time: 9:30 a.m.– 3:00 p.m.

Name: _____ Age: _____

Address: _____

City: _____ Phone: _____

In case of emergency notify: _____ Phone: _____

ANIMAL SCIENCE

Articles by Jean Smith

PQA+ EXAMS

The National Pork Board's age divisions for the Youth Pork Quality Assurance Plus (PQA+) program are based on the youth's age as of January 1 of the current year. Youth 8-11 years of age are considered beginners and must re-certify annually. Youth 12-14 years of age and 15-18 years of age can certify/re-certify annually by attending a PQA+ educational training ***OR*** certify for multiple years by taking an exam. Once certified by successfully passing the exam, the youth is not required to re-certify until they reach the next age division. When the youth reach the next age bracket, they must retest. To certify by testing, a minimum of 70% of the questions must be answered correctly. Certification by testing is valid for a minimum of one year and a maximum of three years. Youth 19 years of age should be certified in the adult PQA+ program.

The PQA+ exams must be supervised (proctored) by state approved FFA advisors or Extension educators. Proctored exams will be given at the Kennewick Extension office from 1-3 p.m. on the following Friday afternoons: June 13, 20 and July 25. There will also be an opportunity to test after the July 12th PQA+ training at the 4-H building at the Benton Franklin Fairgrounds.

The exams shouldn't take more than half an hour; allow a few additional minutes for scoring. Please contact the Kennewick Extension office at 509-735-3551 to pre-register for the PQA+ class or exams, you may also e-mail your registration to: smithjea@wsu.edu. To help ensure a successful testing, swine project members should review their PQA+ Youth Manual. They will also be asked to fill out a Youth PQA+ Registration Form the day of the exam.

If you do not already have a youth PQA+ workbook/manual to study for the exam, you may pick one up at the Kennewick Extension Office between 8 a.m. -Noon and 1 - 4 p.m.

Official PQA+ tests will be proctored and are closed book. Therefore, no supplemental information, such as notes or PQA+ manuals, may be used during the test. If the youth is unsuccessful in passing the test (a score of under 70%), they must attend a PQA+ training again prior to repeating test.

FAIR THEMES

The fair themes for the two local fairs are: Benton Franklin Fair - "Ewe Ain't Seen Nothin' Yet" and Columbia Basin Junior Livestock Show - "Wooly Good Time".

WA STATE JR HORSE SHOW

The entry forms for the Washington State Junior Horse Show are now available. The show will be August 8-10, 2008 at the Central Washington State Fairgrounds in Yakima. There are a couple of significant things that exhibitors need to be aware of: 1) 4-H Record Books are required, and 2) a copy of the 4-H Horse Certificate must accompany your entry form. If you haven't received a copy of the entry form, you may pick one up in the Kennewick WSU Extension office or go online at: pan.co.yakima.wa.us/wsuent/4-H/horseproj/Forms/2008%20WSJHS%20entry%20form.pdf

STATE HORSE BOWL CONTEST RESULTS

Congratulations are in order for the ten 4-H members that did an excellent job of representing the Benton and Franklin area at the State Horse Bowl Competition on May 3rd in Graham as they competed with teams from across the state. The senior team placed third, and the intermediate team placed third. Several of the team members placed well on individual scores. The senior team consisted of: Rebecca and Sarah Harkins, Kathryn Lentz and Gina Nielsen. In the senior division, Kathryn Lentz and Rebecca Harkins were tied for 5th in overall individual score, and Sarah Harkins placed 7th. The intermediate team consisted of: Hannah Lentz, Maggie Little, Kelsi Ramos, and Kristina Wight. In the intermediate division Kristina Wight placed 8th in overall individual score, Kelsi Ramos placed 9th and Hannah Lentz placed 10th.

The top placing senior team was from Pierce County and will represent the State of Washington in the Eastern National 4-H Horse Roundup in Louisville, Kentucky in the National Horse Bowl Competition in November. The primary objective of the Horse Bowl Contest is to provide an opportunity for youth enrolled in 4-H horse projects to demonstrate their extensive knowledge of horse related information in a competitive setting.

CBJLS MARKET STOCK SALE COVER CONTEST

The deadline for the Market Stock Sale Cover Contest for the Columbia Basin Junior Livestock Show (CBJLS) is Wednesday, August 1, 2008. Entries should be sent to Lana Cline at 5120 W Sagemoor Rd, Pasco, WA 99301 or delivered to the Kennewick Extension office. The Cover Contest is open to any youth who plans to participate in the 2008 CBJLS. The 1st place design will be the front cover of the Market Stock Sale catalog. Entries are limited to one per person.

The design should pertain to the fair theme "Wooly Good Time" and must be submitted on an 8-1/2" x 11" sheet of paper. All lines should be bold and done in black ink on white paper so they will copy well. In addition to the title "2008 Market Stock Sale", the cover design should include the date, September 13, 2008 and fair theme. Please include a 3x5 card with the artist's name, address and phone number along with the design entry.

SHEARING DATES

Clubs and FFA Chapters should have received their schedule for shearing at weigh-in day for the Benton Franklin Fair. If you have not been scheduled yet, call Sharyl Martin 509-308-8019. This year, lambs for both the Benton Franklin Fair and Columbia Basin Junior Livestock Show will be shorn July 18-20th at the Benton Franklin Fairgrounds.

HELP NEEDED

A club or two is needed to help to set up tables and chairs for the PQA+ training in the 4-H building at the Benton County Fairgrounds. If your club is interested in helping, contact the Kennewick office at 735-3551. We can set up either on Friday, July 11th or prior to 10 a.m. on Saturday, July 12th.

BFF MARKET STOCK SALE COVER CONTEST

The entry deadline for the Market Stock Sale Cover Contest for the Benton-Franklin Fair is Wednesday, August 1, 2008. The Market Stock Committee is sponsoring the contest. It is open to any youth who plans to participate in the 2008 Benton-Franklin Fair. The 1st place design will be the front cover of the Market Stock Sale catalog. Entries are limited to one per person. The cash awards for the cover design will be \$50 for 1st place, \$30 for 2nd place, and \$20 for 3rd place.

The design must be submitted on an 8-1/2" x 11" sheet of paper. All lines should be bold and done in black ink on white paper so they will copy well. In addition to the title "2008 Market Stock Sale", the cover design should include the date, August 22, 2008, and the sale starting time of 8:45 a.m. The design should be simple and pertain to the theme of the fair, "Ewe Ain't Seen Nothin' Yet."

The design contest entries must be submitted to the Kennewick Extension office by Wednesday, August 1, 2008. Please include a 3x5 card with the artist's name, address and phone number along with the design entry.

GOAT AND DAIRY COW CERTIFICATES

Don't forget the deadline for turning in goat certificates (C0895) and dairy cow (C0234) certificates is Friday, June 20th. Certificates must be updated each year by taking them into the Kennewick office and getting them signed and dated. Blank certificates can be printed from the CD 4-H Publications and Projects (CD2778) or from the 4-H website www.4h.wsu.edu or you can purchase them for 30¢ each at one of the Extension offices.

All goats to be exhibited at the Benton Franklin Fair must have a current certificate on file, the exception is market goats that were tagged on May 17th. Goats exhibitors will be required to present a copy of their current updated goat certificate (C0895) when checking in at the fair.

PQA CERTIFICATION

There are approximately 190 swine project members that requested swine tags for the Benton Franklin Fair who are not current in their PQA certification for either the PQA or PQA+ program. This means if you are not current in your PQA certification by the fair, you will not be eligible to show and sell a pig at the fair. If you were certified for multiple years in the old PQA program, you do not have to re-certify in the new PQA+ program until that certification expires. We have had two PQA+ trainings in 2008 and there is only one more scheduled PQA+ training on July 12th at 10 a.m. If your members plan to attend that training, you must pre-register by calling the Kennewick Extension office so we have enough youth manuals and materials available.

CBJLS RECORD BOOK POLICY

All FFA exhibitors at the Columbia Basin Junior Livestock Show (CBJLS) are required to turn in a completed record book. However, 4-H record books are optional. There will be a record book contest with awards for each age division. Savings bonds and ribbons will be given to the grand and reserve champion record books in the 4-H junior, intermediate, senior and FFA divisions.

There will be only one acceptable 4-H record book, the Official 4-H County Record Book. Record books for CBJLS may be turned into the Benton or Franklin Extension Office from Friday, August 29th through Wednesday, September 3rd or September 3rd at 6-7 p.m. at the Columbia-Burbank elementary school office. FFA Record Books will be accepted at the Connell High School FFA Department. Justin Palmer is in charge of FFA record books and Karen Roberts is in charge of the 4-H record books.